Women in Business: Fit, Fun & Functional Nature Walk - SOLD OUT!

This event is no longer active.

Wednesday, June 04, 2014 5:30 PM - 7:30 PM

Leonard J. Buck Gardens 11 Layton Road Far Hills, NJ 07931



We reached our maximum capacity of 30 registrants. Please check the calendar for the next "Women in Business" event on September 18 at Duke Farms.

Join us for an afternoon outdoors where we will walk, stretch, and breathe fresh air with Functional Movement Specialist, Godelieve Babey on the beautiful grounds of Leonard J. Buck Gardens in Far Hills. She will introduce how your common walk can be transformed into a full 45 minute movement adventure over about a half mile loop.

No experience is necessary for this fitness walk led by Godelieve Babey, who possesses over 13 years in the exercise industry providing personal training and fitness services to those who prefer to exercise in a non-gym environment. Godelieve is well versed in training clients to get them moving especially to survive the physical and sedentary demands of one's daily routine.

We'll start with some networking, then go on a 45 minute fitness walk, followed by refreshments sponsored by Claudia Mott, Epona Financial Services and Maryjane Hydro, New Jersey Risk Managers & Consultants.

IF YOU PREFER TO REGISTER BY MAIL OR FAX - PRINT THIS FLYER.

This event is hosted by the SCBP's **Women in Business**, an SCBP initiative directed at the specific needs of women and their businesses. Its purpose is for women to learn more about other businesses and how they might help one another. Focus areas include mind, family, society, body and finances.

NO REFUNDS WILL BE ISSUED FOR CANCELED REGISTRATIONS IF CANCELATION IS LESS THAN 72 HOURS BEFORE EVENT. A \$10 CANCELATION FEE WILL APPLY FOR ANY CANCELATIONS.

Questions

Your Email:		
Your Question:	If you have questions about this event	
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Sponsors

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