OOOEY-GOOEY MACARONI AND CHEESE



Ingredients

1-2 cups uncooked pasta such as penne, elbow or corkscrew

1/4 cup Panko Bread Crumbs

3/4 cup milk

2 Tbsp unsalted butter

2 Tbsp all purpose flour

1/4 tsp salt

3/4 cup grated sharp cheddar cheese

2 Tbsp freshly grated parmesan cheese

Optional Add In Ideas!!

- •Peas •Asparagus
- •Bacon •Peppers
- •Tuna •Ham
- •Broccoli •Spinach
- •Beef
- ChickenSausage
- Onion

Instructions

- Preheat oven to 400°F.
- Evenly spread panko bread crumbs on a small baking sheet and bake for 5 minutes or until golden brown. Keep the stove preheated for baking the mac and cheese later!
- Boil macaroni according to the package instructions, drain and keep warm.
- In a microwave safe measuring cup, heat milk on high for 1 minute & 30 seconds or just until boiling and set aside.
- In a medium sized saucepan over medium heat, melt butter and add flour. Briskly whisk the flour and butter until mixture turns just slightly brown (approx. 1-2 minutes) and immediately remove from heat.
- Slowly pour in the warm milk whisking constantly until milk thickens fully. Keep whisking until all lumps are incorporated and Béchamel sauce is thick and smooth.
- Add salt and cheeses into the sauce and stir until the cheese is melted and cheese sauce is nice and creamy.
- Stir in pasta until fully coated with cheese sauce. (Now is a great time to mix in any add-ins)
- Transfer to one large baking dish or smaller individual baking dishes.
- Sprinkle top of macaroni with toasted panko bread crumbs and bake for 10-15 minutes at 400°F. until the cheese crisps on top.
- Remove from the oven and cool until set. Enjoy!

