

AERIAL YOGA OF ALASKA

AERIAL YOGA RELEASE WAIVER AND CONTACT SHEET

NAME: _____

Permission to post pictures on website and/or other social media (yes or no) : _____

ADDRESS: _____

CITY _____ STATE _____ ZIP _____

PHONE: _____

E-MAIL: _____

DATE OF BIRTH: ____ / ____ / ____

Are you pregnant? (yes or no) : _____

Please list any previous or chronic injuries here:

In consideration of participating in Aerial Yoga at Aerial Yoga of Alaska ("Activity"), I represent that I understand the nature of Aerial Yoga and that I am qualified, in good health, and in proper physical condition to participate in such Activities (including pre- and post-natal conditions). I fully understand that such activity involve risks of **SERIOUS BODILY INJURY, INCLUDING BUT NOT LIMITED TO PERMANENT DISABILITY, PARALYSIS AND DEATH..** I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation in the Activity.

I hereby release, discharge, and covenant not to sue Aerial Yoga of Alaska "Releasees", its respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the **NEGLIGENCE** of the "releasees" or otherwise, including but not limited to **NEGLIGENT RESCUE OPERATIONS**; the release exculpates Aerial Yoga of Alaska from liability for **ACTS OF NEGLIGENCE RELATED AND UNRELATED TO INHERENT RISKS** ; this release does not represent or insinuate standards of safety or maintenance; and I further agree that if, despite this release, waiver of liability, and assumption of risk I, or anyone on my behalf, makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the releasees from any loss, liability, damage, or cost which any may incur as the result of such claim. **This release is consistent with the requirements of releases set forth in *Donahue v. Ledgens, Inc.*, 331 P.3d 342 (Alaska 2014).**

Printed name of participant

Signature of Participant

Date

Signature of Parent/Legal Guardian (if under age 18)

I have read this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, AND PARENTAL CONSENT AGREEMENT, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.